



# Interfaith

## Prayers for Hope

Father, Mother, God,  
Thank you for your presence  
during the hard and mean days.  
For then we have you to lean upon.  
Thank you for your presence  
during the bright and sunny days,  
for then we can share that which we have  
with those who have less.  
And thank you for your presence  
during the Holy Days, for then we are able  
to celebrate you and our families  
and our friends.  
For those who have no voice,  
we ask you to speak.  
For those who feel unworthy,  
we ask you to pour your love out  
in waterfalls of tenderness.  
For those who live in pain,  
we ask you to bathe them  
in the river of your healing.  
For those who are lonely, we ask  
you to keep them company.  
For those who are depressed,  
we ask you to shower upon them  
the light of hope.  
Dear Creator, You, the borderless  
sea of substance, we ask you to give to all the  
world that which we need most—Peace.

Maya Angelou